

# Lesson #3

## Esteem: My Three Needs and 45° Turns

**Review of Lesson #2:** With the person(s) next to you, recall the truths of last weeks' lesson.

1. Each of us have three needs. They are ...



2. When those three needs are met, I enjoy \_\_\_\_\_ , \_\_\_\_\_  
and \_\_\_\_\_ .

3. My family tree goes back to Adam and Eve. Understanding that helps me because ...

**Introductory Thought:** Often it's said, "You have to know your enemies." As we learned earlier, the enemy to my value is ... me! Finish this sentence. "It's important that I know 'the enemy' well, ..."

**I. A 45° Turn for Adam and Eve.** Read Genesis 3

<p><b>Discover and Apply!</b></p>	<ol style="list-style-type: none"><li>1. Previously Adam and Eve's relationship with God was perfect. How would you describe that relationship now?</li><li>2. Previously Adam and Eve's relationship to each other was perfect. How would you describe their relationship to each other now?</li><li>3. Previously Adam and Eve's opportunities for meaningful service were wonderful joys. What differences do you see now?</li><li>4. Previously Adam and Eve enjoyed significance, security and confidence. What traits do you now see them displaying? (List at least three.)</li><li>5. When Adam and Eve's children are born, they're born in Adam's image. (cf. Genesis 5:3). For what reasons is that so important for us to understand? (list at least two thoughts.)</li></ol>
---	---

## Adam and Eve as Created

- + relationship to God
- + relationship to each other
- + opportunities for meaningful service

## Adam and Eve after the Fall

- x** relationship to God
- x** relationship to each other
- x** opportunities for meaningful service

***Brainstorm!*** How many other passages can we list which teach that humans are sinful, enemies of God, etc. (One minute!)

## **II. Jesus: A 45° Turn in the Right Direction.**

John 19:30 “When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit.”

Important Thoughts:

1Peter 1:18 “For you know that it was not with perishable things such as silver or gold that you were redeemed from the empty way of life handed down to you from your forefathers,<sup>19</sup> but with the precious blood of Christ, a lamb without blemish or defect.”

Important Thoughts:

Romans 4:1-3 “What then shall we say that Abraham, our forefather, discovered in this matter? <sup>2</sup> If, in fact, Abraham was justified by works, he had something to boast about—but not before God. <sup>3</sup> What does the Scripture say? “Abraham believed God, and it was credited to him as righteousness.”

Important Thoughts:

<b>More Discovery!</b>	<p>1. Look up the following passages. Explain the significance of each in regards to our three needs.</p> <ul style="list-style-type: none"> <li>➤ Romans 5:1</li> <li>➤ Romans 12:4-5</li> <li>➤ Luke 1:68-69, 74-75</li> </ul>
----------------------------	--

### Adam and Eve after the Fall

- x relationship to God
- x relationship to each other
- x opportunities for meaningful service

### Adam and Eve – Forgiven Children of God

- + relationship to God
- + relationship to each other
- + opportunities for meaningful service

### **For Further Consideration: Masks**

Because we're sinful humans, we try to deal with sin or its consequences in non-Biblical ways. In families, sometimes individuals end up filling a family "role," which are called "masks." These are five "masks" and a description of each:

**The Enabler:** Loyal and over-responsible, perhaps even covering up for others, protecting them from the consequences of their sinful behavior. They make almost all the decisions, try to be both "mother" and "father", control finances, make excuses, etc., bringing great stress and weariness. Ironically, they often prevent the "crisis" which could bring about the change in the lives of those they are "protecting."

**The Scapegoat:** Feel like they can't compete, so they often withdraw. May look to peers for a sense of belonging/acceptance. Starving for attention, they often act out and bring "disgrace to the family." Often blamed for family troubles. Sometimes labeled, "Problem child," "black sheep," or "troublemaker." May seek escape in alcohol/drugs.

**The Hero:** Gives hope for success to the family. Achievers. Feel like they must perform well, and when they don't, they feel empty and worthless.

**The Lost Child:** Doesn't like to deal with tension; when he senses it coming withdraws, is quiet, stays out of people's way. May become a loner. Social skills often remain undeveloped and expectations are low. Sometimes abuse victims display this.

**The Mascot:** They get big rewards for laughing, clowning, playing practical jokes, etc. Sometimes they help relieve tense situations by their antics, but the drawback is that people may have a hard time taking them seriously. Can remain immature, out of touch with emotions, and unable to be quiet or intimate. The pursuit for attention can become reckless.

1. Which mask might make the following statements?

- a) I'm worthless anyway, so what does it matter if I try it or not? I'll just mess it up.
- b) You should have seen what I did to the gang at the office! This will be the joke of the year!
- c) No, I really don't want to play, I'll just watch. I'd rather let others play instead of me.
- d) I feel guilty taking a few moments for myself – everyone needs me so much. If I'm not right there, they'll make a mistake, but if I'm there I can make sure it gets done right.
- e) You have to grow up fast and get out there and fight if you want to get ahead!

2. Explain how the work of Jesus answers each of the "masks."

<p><b><i>Taking it Home</i></b></p>	<ul style="list-style-type: none"><li>1. Columbine. Virginia Tech. Newtown. The memories cause us to shiver. Often when people talk about them we hear things like, "The people who did those things must have been mentally unbalanced." For what reasons might people make statements such as that?</li><li>2. In the intro we were reminded that the #1 enemy to our sense of value is ourselves, and that we need to know it well. After this lesson, what further insights do you have into why that's so important?</li><li>3. Prof. Jeske (retired Seminary prof) liked to make the point that a diamond always shines brightest when placed on a dark background. Which aspects of Jesus' work "shine all the more brightly" after this lesson? (Name three.)</li></ul>
-------------------------------------	---