



## WELS Marriage Enrichment & Getaway Weekends

Find what thousands of couples have discovered at WELS Marriage Enrichment & Getaway Weekends: gospel teaching, practical biblical application to marriage, learning, relaxation, laughter and sometime tears, recommitment to marriage, strengthening of faith, prayer and more. Pastors who attend receive the resources to take home and use in their congregations. Make it part of your marriage and your church's ministry. Register on [wels.net/adult-discipleship](http://wels.net/adult-discipleship).

On four Wednesdays in February, I'll teach a small section of four *different* WELS Marriage Enrichment & Getaway Weekend events. It's a taste of what live events offer. Invite another couple or two to join you! Make Interactive Faith and WELS Marriage Enrichment & Getaway Weekends part of your marriage, your spiritual growth and your outreach.

1. February 1 – Discover the mystery of marriage (from Mysterious Marriage)
2. February 8 – Appreciate your incompatibility (from Simply Marriage)
3. **February 15 – Listen and speak to show love and respect (from Richer Marriage)**
4. February 22 – “Special-ize” your marriage (from Distracted Marriage)

Pastor Randy Hunter  
WELS Marriage Enrichment & Getaway Weekends  
A ministry of WELS Adult Discipleship

### 2017 WELS Marriage Enrichment & Getaway Weekends

#### Chaska, MN

Richer Marriage at Oak Ridge Hotel & Conference Center  
~~January 27-29~~

#### Green Lake, WI

Healthy Marriage at Green Lake Conference Center  
~~February 10-12~~

#### Zion, IL

Healthy Marriage  
The Inn at Market Square  
March 17-19

#### Leesburg, VA (Washington DC area)

Mysterious Marriage at The Clarion Inn, Historic Leesburg  
April 21-23

#### Carefree, AZ (Phoenix area)

Mysterious Marriage at Carefree Resort  
July 14-16

#### Orlando, FL

Mysterious Marriage at Orlando Marriott Lake Mary  
August 4-6

#### Napa Valley, CA

Mysterious Marriage (in negotiations with the location)  
September 15-17

#### Deadwood, SD

Mysterious Marriage at The Lodge at Deadwood  
October 20-22





**Wednesday, February 15**

**6:00 and 8:00 pm**

# Richer Marriage

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**Friday through Sunday agenda:**

**For a richer marriage...**

- 1. Describe our strength and growth areas**
- 2. Listen and speak to show love and respect**
- 3. Practice steps to move through conflict**
- 4. Match our personalities with our roles**
- 5. Enjoy a richer sex life**
- 6. Get on the same page with our finances**

# Listen & speak to show love & respect

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## A. Identify communication mistakes

**Draw an arrow next to each passage to show if it demonstrates the Lord speaking to us (↓) or us speaking to him (↑).**

↓ “Today in the town of David a Savior has been born to you; he is Christ the Lord.” Lk 2:11

“Create in me a pure heart, O God, and renew a steadfast spirit within me.” Ps 51:10

“In the past God spoke to our forefathers through the prophets at many times and in various ways,<sup>2</sup> but in these last days he has spoken to us by his Son” Heb 1:1–2

“He has shown kindness by giving you rain from heaven and crops in their seasons; he provides you with plenty of food and fills your hearts with joy.” Ac 14:17

“This is my blood of the covenant, which is poured out for many for the forgiveness of sins.” Mt 26:28

“Give thanks to the Lord, for he is good; his love endures forever.” Ps 118:1

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.” Php 4:6

“Yours, O Lord, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours. Yours, O Lord, is the kingdom; you are exalted as head over all.” 1 Ch 29:11

“The Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.” Mt 20:28

“Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word.” Eph 5:25–26

“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” 1 Jn 1:9



Privately, write three communication \_\_\_\_\_ you’ve seen people make.

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**B. Determine actions a spouse can take to improve communication**



**Brainstorm actions a spouse can take to...**

1. Help the other feel \_\_\_\_\_ to.
2. Help the other feel \_\_\_\_\_.
3. Ask for what \_\_\_\_\_ want.
4. Tell the other how you \_\_\_\_\_.
5. Discuss \_\_\_\_\_.
6. Be satisfied with how you \_\_\_\_\_ to each other.



**Two actions I'll try to do to better \_\_\_\_\_ with you:**

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- 



**Practice the actions you just told each other as you discuss plans for your**

\_\_\_\_\_.



**Two things I think we need \_\_\_\_\_ : \_\_\_\_\_ :**

### C. Practice assertiveness and active listening

**Assertiveness:**

express your \_\_\_\_\_ and ask for what you \_\_\_\_\_

**Active listening:**

let your spouse know you understand by \_\_\_\_\_



Individually, create a \_\_\_\_\_ of things you'd like more or less of in your relationship:

- 1.
- 2.
- 3.



Choose one from your list and follow the instructions below. Husband, you go first; then wife.

**Speaker's job**

1. Speak for yourself ("I" statements)
2. Describe how you'd feel if your wish came true.

**Listener's job**

1. Repeat/summarize what you heard
2. Describe the wish and how your spouse would feel if it came true

### Our plan...

#### to listen and speak to show love and respect

- Identify communication mistakes
- Determine actions a spouse can take to
- Practice assertiveness and active listening