



## WELS Marriage Enrichment & Getaway Weekends

Find what thousands of couples have discovered at WELS Marriage Enrichment & Getaway Weekends: gospel teaching, practical biblical application to marriage, learning, relaxation, laughter and sometime tears, recommitment to marriage, strengthening of faith, prayer and more. Pastors who attend receive the resources to take home and use in their congregations. Make it part of your marriage and your church's ministry. Register on [wels.net/adult-discipleship](http://wels.net/adult-discipleship).

On four Wednesdays in February, I'll teach a small section of four *different* WELS Marriage Enrichment & Getaway Weekend events. It's a taste of what live events offer. Invite another couple or two to join you! Make Interactive Faith and WELS Marriage Enrichment & Getaway Weekends part of your spiritual growth and your outreach.

1. February 1 – Discover the mystery of marriage (from Mysterious Marriage)
2. **February 8 – Appreciate your incompatibility (from Simply Marriage)**
3. February 15 – Listen and speak to show love and respect (from Richer Marriage)
4. February 22 – “Special-ize” your marriage (from Distracted Marriage)

Pastor Randy Hunter  
WELS Marriage Enrichment & Getaway Weekends  
A ministry of WELS Adult Discipleship

### 2017 WELS Marriage Enrichment & Getaway Weekends

#### Chaska, MN

Richer Marriage at Oak Ridge Hotel & Conference Center  
~~January 27-29~~

#### Green Lake, WI

Healthy Marriage at Green Lake Conference Center  
~~February 10-12 registration closed~~

#### Zion, IL

Healthy Marriage at The Inn at Market Square  
March 17-19

#### Leesburg, VA (Washington DC area)

Mysterious Marriage at The Clarion Inn, Historic Leesburg  
April 21-23

#### Carefree, AZ (Phoenix area)

Mysterious Marriage at Carefree Resort  
July 14-16

#### Orlando, FL

Mysterious Marriage at Orlando Marriott Lake Mary  
August 4-6

#### Napa Valley, CA

Mysterious Marriage (in negotiations with the location)  
September 15-17

#### Deadwood, SD

Mysterious Marriage at The Lodge at Deadwood  
October 20-22





Wednesday, February 8

6:00 and 8:00 pm

# Simply Marriage

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## Practice simple actions to build your marriage

1. **Overcome frustration**

Faith moves us from frustrated over God's ways to curious about God's ways. Become more curious and less frustrated with your spouse.

2. **Appreciate incompatibility**

We are all incompatible because we're fallen. But our incompatibility is grounds for... marriage. Learn to put your spouse and his/her happiness ahead of your own, as Jesus has done for you. Understand one area where you may be different from each other, and make it work for you.

3. **Use words that work**

Move from monologue to dialogue, learn how to initiate a behavior change request, cut the negativity and communicate appreciation.

4. **Grow more intimate**

Build your intimacy in ways that many couples can only dream of: in your faith, in your friendship and in your sex and sensuality.

5. **Break patterns that destroy oneness**

The two shall become one, but there's an enemy. Learn how to break common patterns that war against your oneness: escalation, invalidation, negative interpretation and withdrawal/avoidance.

# Appreciate incompatibility

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## A. Understand reasons for our incompatibility and apply the gospel as the solution.

Privately, record 3 ways you've \_\_\_\_\_ since you were first married:

- 
- 
- 



Agree on two \_\_\_\_\_ this has for marriage.

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Last week we found three more reasons for our incompatibility:

- The Lord God said to the woman, "What is this you have done?" The woman said, "The serpent deceived me, and I ate." *Genesis 3:11-13*

**Reason:**

- Woe to the world because of the things that cause people to sin. *Matthew 18:7*

**Reason:**

- For from within, out of men's hearts, come evil thoughts, sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from inside." *Mark 7:21-22*

**Reason:**



From Ephesians 5:21-33, determine \_\_\_\_\_ to our incompatibility.

<sup>21</sup> Submit to one another out of reverence for Christ.

<sup>22</sup> Wives, submit to your husbands as to the Lord. <sup>23</sup> For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. <sup>24</sup> Now as the church submits to Christ, so also wives should submit to their husbands in everything.

<sup>25</sup> Husbands, love your wives, just as Christ loved the church and gave himself up for her <sup>26</sup> to make her holy, cleansing her by the washing with water through the word, <sup>27</sup> and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. <sup>28</sup> In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. <sup>29</sup> After all, no one ever hated his own body, but he feeds and cares for it, just as Christ does the church— <sup>30</sup> for we are members of his body. <sup>31</sup> “For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” <sup>32</sup> This is a profound mystery—but I am talking about Christ and the church. <sup>33</sup> However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.” *Ephesians 5:21-33*

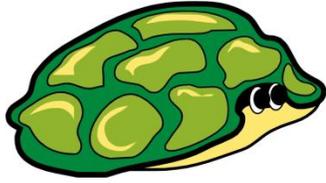
**Solutions:**



Complete the following sentence:

“One thing I want to try to do to put you first is...

**B. Learn how to respond to a maximizer (hailstorm) and a minimizer (turtle).**



List **hailstorm** behaviors that upset **turtles**

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- 
- 

List **turtle** behaviors that upset **hailstorms**

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- 
- 



Turtles, determine three \_\_\_\_\_ to coax a \_\_\_\_\_

- 1.
- 2.
- 3.

*and*



Hailstorms, determine three \_\_\_\_\_ to calm a \_\_\_\_\_

- 1.
- 2.
- 3.



One thing I've \_\_\_\_\_ about us:



## Our Plan



What will we do to continue what we've practiced?

- Understand reasons for our incompatibility and apply the gospel as the solution.**

Our plan:

- Learn to respond to a maximizer (hailstorm) and a minimizer (turtle).**

Our plan: